

# Download Intensive Short-term Dynamic Psychotherapy : Theory And Technique

Intensive short-term dynamic psychotherapy (ISTDP) is a form of short-term psychotherapy developed through empirical, video-recorded research by Habib Davanloo, MD. Intensive Short Term Dynamic Psychotherapy: An Introduction Human beings have an innate need to connect in loving, secure relationships. From infancy Psychodynamic psychotherapy or psychoanalytic psychotherapy is a form of depth psychology, the primary focus of which is to reveal the unconscious content of a client's psyche in an effort to alleviate psychic tension. Chapter 24 Attachment Theory and Research: Implications for Psychodynamic Psychotherapy Kenneth N. Levy, Kevin B. Meehan, Christina M. Temes, and Frank E. Yeomans Keywords Attachment theory • Attachment-based interventions • Process and outcome • Psychoanalysis • Psychodynamic psychotherapy • Psychotherapy research • Therapeutic ...