

Download Life Drawing : A Journey To Self-expression

At a fundamental level, mandalas are elaborately designed sacred geometry shapes. In our Soulwork Coloring Book, we take you on a journey through the eight chakras and the corresponding sacred geometrical patterns that define them. When I create characters, I literally sing them to life at the drawing board, and the process is something of a magical one. The journey of bringing Wonky (and all his friends and successors) into form, was truly a magical 'birthing' process, and I do rather feel like a 'midwife' safely ferrying these characters and creatures into their visual ...An Academic Culture of Growth Through the five tenets of our founding philosophy — passionate expertise, confident self-expression, academic stamina, grounded core values, and supportive exploration — we instill curiosity, mastery, and independence. Ever thought that your imagination could do wonders for your health? The hectic lifestyle significantly demands some fascinating ways to relegate stress. Are you fed up of those tedious yoga sessions, and meditation isn't your cup of tea? Why not bring out the hidden artist in yourself with a drawing or painting session? Well, invoking your ...