

Download Mental Health Study Guide Nurses

A mental health professional is a health care practitioner or community services provider who offers services for the purpose of improving an individual's mental health or to treat mental disorders. This strategy sets out how the government, working with all sectors of the community and taking a life course approach, will: improve the mental health and wellbeing of the population and keep ... Find Mental Health Support. Your mental health is a critical component to your overall wellness. If you are experiencing mental health challenges, or suspect a family member would benefit from talking to a mental health provider, VA offers ways to help. Mental Health America works nationally and locally to raise awareness about mental health. We believe that everyone at risk for mental illnesses and related disorders should receive early and effective interventions. Historically, communities of color experience unique and considerable challenges in accessing mental health services.