

Download Mental Lithium Love And Losing My Mind

Author Jaime Lowe candidly shares her true story of meeting the challenges of living with a serious mental illness (SMI). The amount of medication needed to function in a normal way, or like most people was really surprising. A riveting memoir and a fascinating investigation of the history, uses, and controversies behind lithium, an essential medication for millions of people struggling with bipolar disorder. *Mental: Lithium, Love, and Losing My Mind* [Jaime Lowe] on Amazon.com. *FREE* shipping on qualifying offers. A riveting memoir and a fascinating investigation of the history, uses, and controversies behind lithium “I don’t really believe in God, but I believe in lithium.” So declares Jaime Lowe in recounting her 20 year struggle with bipolar disorder in *Mental: Lithium, Love, and Losing My Mind*.