

# Download Vulnerability To Psychopathology Risk Across The Lifespan

Mental Health and Psychopathology Defined. Mental health is a positive mental status, with an individual capable of coping with normal life stressors as well as the ability to work productively. The fetal phase of life has long been recognized as a sensitive period of development. Here we posit that pregnancy represents a simultaneous sensitive period for the adult female with broad and persisting consequences for her health and development, including risk for psychopathology. Biological Psychiatry is the official journal of the Society of Biological Psychiatry, whose purpose is to promote excellence in scientific research and education in fields that investigate the nature, causes, mechanisms and treatments of disorders of thought, emotion, or behavior. Disclaimer: Please note that hundreds of studies have linked trauma exposure to a range of psychological disorders. The following are merely some of the studies that have found an association between trauma exposure and a given disorder.